Tidal disruption events (TDEs): properties & models

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cf. T. Piran's & E. M. Rossi's talk on 35HUJI



Credit: Stephan Rosswog 2006

- Tidal disruption occurs when the tidal gravitational field has comparable magnitude to the self-gravity of the star, occurring at a radius given by $R_{\rm t} \approx R_{\star} \left(\frac{M_{\rm BH}}{M_{\star}}\right)^{1/3}$
- Gas particles are then ejected on nearly ballistic orbits
- Disrupted stars are typically on approximately parabolic orbits
- Half of the material is bound while the other half forms an unbound collimated stream



- Radio → interaction zone of debris with CSM → very similar to GRB afterglows (see previous lecture)
- Differences → not relativistic & very far from spherical → the role of shock waves basically similar
- Optical/UV comes from the central blob of matter \rightarrow from the distance $\sim 10^{15}$ cm out of the center; from the region where the two streams interact
- The X-rays come from the very tiny region of the accretion process around the center



Credit: Rosswog+ 2009



TDE process

• Tidal radius:

$${\sf R}_{\sf t} \sim {\it R}_{\star} \left(rac{M_{\sf BH}}{M_{\star}}
ight)^{1/3} pprox 30 \,$$
 (will derive later)

• Energy *E*_t necessary to bring the star to *R*_t from "infinity":

$$E_{
m t} pprox rac{GM_{
m BH}M_{\star}}{R_{\star}} \sim rac{M_{\star}c^2}{R_{
m t}/R_{
m schw}} pprox 10^{52}\,{
m ergs}$$

• Hydrodynamic timescale $\tau_{\rm h}$ to disrupt the star:

$$au_{
m h}\sim \left(rac{GM_{\star}}{R_{\star}^3}
ight)^{-1/2}pprox 10^3$$
 - $10^4\,
m s$



Credit: Bonnerot+ 2017

• The specific energy ΔE necessary to disrupt the star:

$$\Delta E \sim \pm \frac{G M_{\rm BH}}{R_t^2} R_{\star} ~~\text{(will derive later)} ~~\sim 10^{20} \, \text{erg} \sim \frac{v_\infty^2}{2} \Rightarrow v_\infty \sim 10^4 \, \text{km} \, \text{s}^{-1}$$

Dynamics & rates \rightarrow TDEs

- Dynamic processes near a galactic center leading to TDEs
- Rates: Loss cone \Rightarrow full/empty
- Relaxation timescale \rightarrow 2-body (resonance relaxation)
- Evaluating the ratio $\frac{\mathcal{R}_{\text{TDE}}}{\mathcal{R}_{\text{EMRI}}}$ (Extreme-Mass-Ratio-Inspiral: stars orbiting around BH emitting GWs \rightarrow get closer to the BH via slowly inspiralling on \sim circular orbits)
- Distribution of stars around BH: Bahcall-Wolf (BW) cusp $\rightarrow \rho \sim r^{-7/4} \rightarrow$ may affect the loss cone rates
- Galactic central BH mass: $M_{\rm BH} = 4 \times 10^6 M_{\odot} \Rightarrow R_{\rm schw} = \frac{2GM_{\rm BH}}{c^2} \approx 0.1 \, {\rm AU}$
- Radius of influence R_{inf} : radius of a sphere where the mass of stars equals the $M_{BH} \Rightarrow M_{tot}(r < R_{inf}) = 2M_{BH}$; $R_{inf} \sim 2 \text{ pc}$ in our galaxy $\Rightarrow \frac{R_{inf}}{R_{schw}} \approx 4 \times 10^6$

- We now ignore the fact that stars have different masses $\Rightarrow \langle M_{\star} \rangle \cong 1 M_{\odot} \rightarrow \#$ of stars within the $R_{inf} \cong 4 \times 10^6$
- Circular Keplerian orbital period P at $R_{\rm inf} \approx 10^5 \, {\rm yrs}$



• Tidal (residual) differential acceleration exerted by BH on a star with mass $M_{\star} = M_{\odot}$ and radius $R_{\star} = R_{\odot}$, at a distance $r \gg R_{\star}$:

$$\mathsf{a}_{\mathsf{t}} = \frac{GM_{\mathsf{BH}}}{r^2} - \frac{GM_{\mathsf{BH}}}{(r+R_\star)^2} \approx \frac{2GM_{\mathsf{BH}}R_\star}{r^3}$$

• We expect that if $a_t \ge g_*$, the star will be tidally disrupted: we define the tidal radius $r = R_t$ where $a_t = g_* \equiv GM_*/R_*^2$,

$$R_{t} \approx R_{\star} \left(\frac{2M_{\rm BH}}{M_{\star}}\right)^{1/3} \approx 1 \, {\rm AU} \Rightarrow \frac{R_{t}}{R_{\rm schw}} \approx 10$$
 (in our galaxy)

• Let's assume all 4×10^6 stars concentrated in or at R_{inf} with isotropic distribution of velocity v: how many stars will have the pericenter distance R_p of their elliptical orbits below R_1 ?



- Conservation of angular momentum: $j = V_{orb}R_{inf} = \sqrt{GM_{BH}R_{inf}}$ for a star orbiting at R_{inf} with the Keplerian orbital velocity, per unit mass
- Angular momentum on an Keplerian orbit scales as $\sim \sqrt{r} \Rightarrow$ only stars in the point P with *j* lower by $\sqrt{R_t/R_{inf}}$ compared to j_{circ} can get below $R_t \Rightarrow$ only a fraction of orbits $f_{orb}\left(j < \sqrt{\frac{R_t}{R_{inf}}}j_{circ}\right) = \frac{R_t}{R_{inf}}$ (2D cone section!)
- The latter ratio = (4 × 10⁻⁵)⁻¹ ⇒ from the # of isotropically moving stars in the point P, only 10 may have sufficiently small j



- After some time will all stars within this cone in velocity space be tidally destroyed: we obtain the **empty loss cone** $\Rightarrow \mathcal{R}_{\mathsf{TDE}} = 0$
- Next step: how quickly the stars scatter each other to refill the loss cone that the BH evacuated?

• 2 stars moving absolutely randomly at or near R_{inf} : one passes the other with velocity v_{orb} , with an impact parameter *b*; the change in *j* is given by mutual gravity times the timescale of the interaction b/v_{orb} , times R_{inf} :

$$\Delta j = \frac{GM_{\star}}{b^2} \frac{b}{v_{\rm orb}} R_{\rm inf} = \frac{GM_{\star}}{b v_{\rm orb}} R_{\rm inf}$$
$$\frac{gt = v}{b v_{\rm orb}} R_{\rm inf} = \frac{GM_{\star}}{b v_{\rm orb}} R_{\rm inf}$$

• What is the rate of interactions at a distance b? A cylinder with a volume $V = 1/\rho \rightarrow$ a cross-section $S = \pi b^2$ and a length Δx :

$$\frac{1}{t} = \frac{\rho S \Delta x}{t} \approx \pi b^2 \frac{N_\star}{R_{\inf}^3} v_{\text{orb}} = \pi b^2 \frac{M_{\text{BH}}}{M_\star} \frac{1}{R_{\inf}^3} v_{\text{orb}}$$

Vorb

b

What will be the value of b → to deflect an orbit by 90°? Change in the "red" velocity gt will be v_{orb} (in case of 180° deflection → 2v_{orb} - see the 5th lecture):

$$b_{\min}$$
: $\frac{GM_{\star}}{b v_{orb}} = v_{orb} \Rightarrow b_{\min} = \frac{GM_{\star}}{v_{orb}^2} \equiv \frac{M_{\star}}{M_{BH}} R_{inf}$

 So, over the timescale for which these interactions occur, the velocity distribution will be completely reconfigured → "isotropised"

• What will be the **timescale** of these interactions? The inverse of the rate of interactions with *b*_{min} will be the **relaxation time** (+ a small logarithmic factor added later):

$$T_{
m relax} \sim \left[b^2 \frac{M_{
m BH}}{M_{\star}} \frac{1}{R_{
m inf}^3} v_{
m orb}
ight]^{-1} = \frac{M_{
m BH}}{M_{\star}} P \quad (\sim 10^{11} \, {
m yrs} \, ?)$$

• We have to correct this time by a logarithmic factor that comes from the fact that most of interactions are weaker even if more frequent:

$$T_{
m relax} \sim {M_{
m BH}\over M_{\star}} P {1\over \ln{M_{
m BH}\over M_{\star}}} ~~(\sim 10^{10}\,{
m yrs}\,pprox\,{
m age}\,{
m of}\,{
m Galaxy})$$

Vorb

Ь

• But: for our purpose, I do not need to isotropise the *j* of all stars but only of a tiny fraction of them that is necessary to refill the loss cone:

$$T_{
m relax,LC} = rac{R_{
m t}}{R_{
m inf}} T_{
m relax} pprox P$$

• This holds if the edges of the loss cone are sharp \rightarrow they are diluted so you have to "bring" stars from farther away $\rightarrow T_{\text{relax}} \approx P \times \ln \frac{M_{\text{BH}}}{M_{\star}} \approx 10 P$

Alternative approach - j diffusion

 I can regard the previous also as a diffusion flux in 2D in a j space → pointing out that the 1st Fick's law in 2D has a specific property



- We try to diffuse a quantity f(j) from the point A where it has a constant distribution to the point B where it is cleaned
- Why in 2D: only 2 components of v contribute to j (the 3rd radial does not)
- The 1st Fick's law in 1D: $D\frac{\partial f}{\partial j} = \text{const.} \rightarrow \text{the flux is linear (black line)}$
- The 2D 1st Fick's law: $j D \frac{\partial f}{\partial j} = \text{const.} \Rightarrow f \propto \ln \frac{j}{j_{\text{lc}}} \rightarrow \text{particles (stars) have}$ to diffuse through inwardly smaller ring areas that becomes "harder" (red line)

BW cusp

• What will be the rate of 2B interactions in case of any given distance r:

$$\frac{1}{t} \sim b_{\min}^2 \frac{N_\star(r)}{r^3} v(r) = \frac{G^2 M_\star^2}{v(r)^3} \frac{N_\star(r)}{r^3} = \frac{G^2 M_{BH}^2}{v(r)^3} \frac{N_\star(r)}{r^3} \left(\frac{M_\star}{M_{BH}}\right)^2 = N_\star(r) \left(\frac{GM_{BH}}{r^3} \frac{r}{v(r)} \left(\frac{M_\star}{M_{BH}}\right)^2 = N_\star(r) \left(\frac{M_\star}{M_{BH}}\right)^2 \frac{1}{P(r)} \quad (+ \text{ the log factor...})$$

• Peebles: BH absorbs stars that arrive as a constant diffusion flux at a timescale given by the latter; we denote $N_*(r)$ the number of stars within each radius $r \rightarrow \#$ of stars evacuated from a given r with the above rate (per unit time) is constant (wrong argument):

$$N_{\star}^{2}(r)\left(rac{M_{\star}}{M_{
m BH}}
ight)^{2}rac{1}{P(r)}={
m const.}\Rightarrow
ho_{\star}(r)\propto r^{-9/4}$$

 Bahcall & Wolf: Energy ~ M_{*}/r evacuated from a given r with the above rate (per unit time) is constant (correct argument):

$$\frac{N_{\star}^{2}(r)}{r} \left(\frac{M_{\star}}{M_{\rm BH}}\right)^{2} \frac{1}{P(r)} = {\rm const.} \Rightarrow \rho_{\star}(r) \propto r^{-7/4}$$

TDEs/EMRIs



- Initial position of a \bigstar within the gray strip near the diag line (circular orbits \rightarrow 45° if properly scaled); they may accidentally diffuse around their *j* equilibria within the strip; some refill the loss cone \rightarrow diffuse "vertically" down to R_t
- \bigstar with $r_{\text{init}} < R_{\text{gw}}$ diffuse "vertically" down only to the red line ($\sim r^{-1/2}$ dividing the "2-body region" from the "GW region"), then move "horizontally" to the diagonal line, and then along it to R_{t} : the ratio $\frac{\mathcal{R}_{TDE}}{\mathcal{R}_{EMRI}} = \frac{R_{\text{inf}}}{R_{\text{gw}}} = \left(\frac{R_{\text{t}}}{R_{\text{schw}}}\right)^2$

TDEs/EMRIs

- $\bullet\,$ Breakup of binaries may alter this "picture" \rightarrow "story" for a separate lecture
- For any significantly eccentric orbit, we do not need to change it much because the pericenter is already close to BH: the time-rate to change the pericenter is smaller by j^2 (where $j \sim \sqrt{r_p}$) $\rightarrow \frac{1}{t} \sim N_{\star}(r) \left(\frac{M_{\star}}{M_{\rm BH}}\right)^2 \frac{1}{P(r)} \frac{r_p}{r} \rightarrow \text{with } N_{\star}(r)$ given from the BW cusp
- The timescale at which GWS can bring any orbit r to a smaller r_p :

$$T_{\rm gw} = \frac{R_{\rm schw}}{c} \frac{M_{\rm BH}}{M_{\star}} \left(\frac{r_{\rm p}}{R_{\rm schw}}\right)^4 \frac{r_{\rm p}}{r} \left(\frac{r}{r_{\rm p}}\right)^{3/2},$$

where the 1st fraction is the timescale of two equal bodies at $R_{\rm schw}$, the 2nd fraction \rightarrow longer time due to the mass ratio, the 3rd term \rightarrow the GR gives $t \sim r_{\rm p}^4$ to shrink the orbit from $r_{\rm p}$ to $R_{\rm schw}$, the 4th term \rightarrow the lowering of emitted *E* for much wider orbit $r > r_{\rm p}$, and the last one \rightarrow the longer time due to lower velocity at r

TDE energy budget

- Let's describe the basic dynamics associated with the passage of the star at pericenter:
- The star starts to be deformed at a few R_t from the BH \rightarrow stretched along an almost radial direction \rightarrow stellar debris spread with (specific) $E_{orb} = E = -GM_{BH}/(R_t + R_*)$:

$$E = E(R_{
m t}) + \Delta E pprox - rac{GM_{
m BH}}{R_{
m t}} + rac{GM_{
m BH}}{R_{
m t}^2}R_{\star}$$

 At R_t, ★ is confined between two orbital planes that intersect near pericentre, and ★ is progressively compressed into a "pancake"



Credit: Bonnerot+ 2017

• We introduce β as R_t/R_p , in the limit $\beta \gg 1$, the inclination angle between these two planes is $\alpha \approx R_\star/(R_t \sin \theta_t) \Rightarrow$ (parabola)

$$\cos\theta_{\rm t} = \frac{2R_{\rm p}}{R_{\rm t}} - 1 \Rightarrow \sin\theta_{\rm t} \approx \theta_{\rm t} = \sqrt{\frac{R_{\rm p}}{R_{\rm t}}} \Rightarrow \alpha \approx \frac{R_{\star}}{\sqrt{R_{\rm p}R_{\rm t}}}$$

TDE energy budget

 At pericentre, in addition to shearing along the orbital plane, the star undergoes a vertical compression for a large β:

• The specific vertical "compression" energy
$$\Delta E_{\rm c} = \frac{1}{2} \langle v_{\rm c}^2 \rangle \Rightarrow \text{the pericenter}$$

"compression" velocity $\sqrt{\langle v_{\rm c}^2 \rangle} \approx \alpha v_{\rm p}$ where $v_{\rm p} = \sqrt{\frac{GM_{\rm BH}}{R_{\rm p}}}$ is the orbital velocity at $R_{\rm p}$



Credit: Bonnerot+ 2017

• Substituting $R_{\rm t}$ and β , the latter gives

$$\langle v_{\rm c}^2 \rangle \sim \Delta E_{\rm c} = \beta^2 \frac{GM_{\star}}{R_{\star}}$$

TDE energy budget

• This strong vertical compression causes the formation of shocks that convert this energy $\Delta E_{\rm c}$ into a compressive heat $T_{\rm c}$

• Comparing
$$\frac{\Delta E_{c}}{\Delta E} \sim \beta^{2} \left(\frac{M_{\star}}{M_{BH}}\right)^{1/3} \Rightarrow$$
 can be ignored unless $\beta \gg 1 \Rightarrow$ the effectivity of the compression increases for smaller BHs

• From the previous and from the stellar structure and evolution theory \rightarrow temperature at a stellar center $T_{\star} \sim \frac{GM_{\star}}{R_{\star}}$ $\Rightarrow T_{c} \sim \beta^{2}T_{\star}$

 \Rightarrow for MS stars with $\ensuremath{T_\star}\approx10^7\,\mbox{K}\Rightarrow\beta\approx3$ can give He burning

• Increase in *T* in WDs can be explosive (He-flash)



Credit: Bonnerot+ 2017

Corresponding high compression not obtained numerically \rightarrow a controversy? (Rossi+ 2017)

Fallback of matter on ballistic orbits Debris stream About half of the debris stream produced by the disruption is bound to the $BH \rightarrow it$ comes back to the disruption site Victim star The stream moves ballistically around BH \rightarrow the most tightly bound debris has an orbital energy $-\Delta E \approx -GM_{\rm BH}/2a$ (Virial $\rightarrow E_k$ cancels half of E_p), which corresponds to a semi-major axis a_{\min} and orbital period $t_{\rm min}$ (using the Kepler law $t^2 \propto a^3$ and $\dot{M}_{\rm fb} \propto t^{-5/3}$ assuming dM/dE = const.): $\frac{GM_{\rm BH}}{R_{\star}\left(\frac{M_{\rm BH}}{M_{\star}}\right)^{2/3}} = \frac{GM_{\rm BH}}{2a} \Rightarrow$ $a_{\min} = rac{R_{\star}}{2} \left(rac{M_{\rm BH}}{M_{\star}} ight)^{2/3} \Rightarrow t_{\min} \sim R_{\star}^{3/2} rac{\sqrt{M_{\rm BH}}}{M_{\star}} \Rightarrow$ But: Stellar structure can modify dM/dE $\Delta E \sim M_{ m BH}^{2/3} t^{-2/3} ightarrow \dot{M} = rac{{ m d}M}{{ m d}E} rac{{ m d}E}{{ m d}E} \sim t^{-5/3}$ (Lodato+ 2009; Guillochon & Ramirez-Ruiz 2013)

Circularisation

- It is commonly believed that most of the electromagnetic emission detected from TDEs originates from the dissipation of the debris orbital energy when the stream comes back to BH
- We can evaluate *j* at *R*_p by comparing the specific energies

$$\frac{1}{2}v^2 = \frac{GM_{\rm BH}}{R_{\rm p}} \Rightarrow j_{\rm p} \approx \sqrt{2GM_{\rm BH}R_{\rm p}}$$

• From the conservation of *j*, we define the circularisation radius *R*_{circ} where most of the disrupted debris is settled at a circular orbit within a standard accretion disk:

$$j_{\rm p} = j_{\rm circ} \approx \sqrt{GM_{\rm BH}R_{\rm circ}} \Rightarrow R_{\rm circ} = 2R_{\rm p}$$



Circularisation

- Comparing the loss of circular energy $\Delta E_{\rm circ}$ with the compression energy $\Delta E_{\rm c}$: $\frac{\Delta E_{\rm circ}}{\Delta E_{\rm c}} \sim \beta \left(\frac{M_{\rm BH}}{M_{\star}}\right)^{1/3} \approx 10^2$
- Assuming that a fraction η of the available rest mass energy is dissipated and radiated locally, the associated *L* can be larger than the L_{Edd} by a factor (Bonnerot 2017)

$$\frac{M}{\dot{M}_{\rm Edd}} = \frac{\eta M c^2}{L_{\rm Edd}}$$

• This ratio exceeds unity initially as long as the black hole mass is $M_{\rm BH} \le 3 \times 10^7 M_{\odot}$ \rightarrow then decreases with time and becomes lower than one for $t \ge t_{\rm Edd}$ with $t_{\rm Edd}/t_{\rm min} \equiv (\dot{M}/\dot{M}_{\rm Edd})^{3/5}$ (Bonnerot 2017):

$$\label{eq:Lacc} \mathcal{L}_{\mathsf{Edd}} \approx \mathcal{L}_{\mathsf{Edd}} = 10^{44}\, \mathrm{erg}\, \mathrm{s}^{-1} \left(\frac{\mathcal{M}_{\mathsf{BH}}}{10^6\,\mathcal{M}_{\odot}}\right)$$



• But: some discrepancies with the models \rightarrow much higher $T_{\rm eff}$ then observed ($\sim 10^6$ K / 50 000 K)

 Allowable region for the TDEs of stars of different evolutionary states: a 0.6 *M*_☉ CO WD, a 0.17 M_{\odot} He WD, a 1 M_{\odot} 8 MS star, and a 1.4 M_{\odot} RG, bounded by the conditions that $R_{\rm p} < R_{\rm t}$, $R_{\star} < R_{\rm schw}$, and $R_{\rm t} > R_{\rm schw}$ for a TDE to be observable. as a function of $M_{\rm BH}$, and $\beta \equiv R_{\rm t}/R_{\rm p}$



Credit: Rosswog, Ramirez-Ruiz & Hix 2009



Credit: Clerici & Gomboc 2020

Two behaviours of the circularisation of the debris, depending on the initial orbital e and β: (a) shocks and higher precessing angles allow the debris to form a circular disc quickly and (b) the shocks are not impactful enough to allow fast circularisation → the debris follows elliptical orbits → Figure: the debris does not circularise efficiently and a disc is not formed (quickly)



Credit: Clerici & Gomboc 2020

• Circularisation of the stellar debris: the debris quickly and efficiently circularises, mainly through self-crossings and shocks, and forms a disc with no debris falling back

• Circularisation of the stellar debris: the debris circularises relatively quickly and forms a disc while there is still debris falling back

Credit: Clerici & Gomboc 2020





• L_{bol} of TDE PS16dtm compared to an ensemble of models \rightarrow dashed blue line shows L_{Edd} for fixed black hole mass of $10^6 M_{\odot}$, the dashed purple line shows the AGN luminosity prior to the flare \rightarrow the projected behavior of the flare suggests that it will remain bright for years (Blanchard+ 2017)

TDE observables





- PS1-10jh taken in the F225W (UV) and F625W (optical) filters. Grayscale and black contours show an optical image dominated by the host galaxy, and magenta contours show the UV point source associated with the fading transient
- UV/optical light curve of tidal disruption event candidate PS1-10jh as measured by GALEX in the NUV and PS1 in the g,r,i,z bands, 1250 rest-frame days since the peak of the flare. Models for the fallback rate of a tidally disrupted star from Lodato et al. (2009) are plotted with thick lines and from Guillochon & Ramirez-Ruiz (2013) are plotted with thin lines.



TDE observables

Radio TDEs



Credit: Alexander et al. 2017

TDE observables



Detection of transient, broad He II line emission on top of the hot, thermal continuum 22 days before the peak of the flare in TDE PS1-10jh